



HANYANG UNIVERSITY

INTERNATIONAL SUMMER SCHOOL

[Notes] Please fill out the form completely all in English in details.

Name	김만근 KIMmankeun
E-mail	manopop@naver.com
Home University	Hanyang
Department	College of arts and physical education Taekwondo coach

Course Title	Art of Self Defense (Taekwondo)
Credits	1
Contact Hours	15
Course Code/Number	ISS1017
Course Description	Etiquette classes, practiced taekwondo to an upright character formation and training worthy of a human being, for a walk through the mind and body through physical activity through the introspection to martial arts sport
Course Objective	Practiced taekwondo to physical health promotion and defense capabilities, culture and motor functions will improve and correct formation of character and social development and mentality.
Preparations (Pre-Knowledge)	Do bok (Uniform) <ul style="list-style-type: none">- Taekwondo Do bok (uniform) shall be bought (KRW 30,000) or rented (KRW 15,000) in orientation- Students who want to rent Taekwondo Do bok(Uniform) have to pay a deposit of KRW 30,000 and will be paid back KRW 15,000 when returning the Do bok.
Materials (Textbook/Websites)	국기원 사이트 www.Kukkiwon.or.kr



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Lesson Plan	
	Topics: Please write in details
Class 1	Tae kwon do default operation
Class 2	Tae kwon do default operation, (Stance. block, punch)
Class 3	Tae kwon do default operation, Poomsae taegeuk1
Class 4	Tae kwon do default operation, Poomsae taegeuk1, Kicking
Class 5	Tae kwon do default operation, Poomsae taegeuk1, Kicking, set-competition1 (self-defense)

Evaluation (%)								
* Total sum of percentages should be 100%								
* Only below options are available, please do not change the form (fill it out within the given form)								
Assignments	Attendance	Final	Group Project	Mid-term	Participation	Presentation	Quiz	Total
	30	40			30			100%