

Hanyang University

Hanyang International Summer School

Faculty Information	Name	Young ho Nam Gung				
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	Home University	Hanyang University				
	Department	Department of College of Arts and Sports				
	Homepage					
Course Information	Class No.	18003	Course Code	CUL4036	Credits	2
	Course Name	Table tennis				
	Lecture Schedule	Tue-Fri/ 16:00~19:00				
	Course Description	<p>This course aims to help students acquire various skills and knowledge required in table tennis games. It also aims to learn the overall game method of table tennis, understand the elements outside the game, and acquire the overall learning form through audiovisual education.</p> <p>In addition, cooperation, cooperation, and teamwork are important in table tennis, and it has an important meaning in having an opportunity to practice interpersonal skills through classes, and aims to have self-management skills through improving basic physical strength through physical activity.</p> <p>* The course schedule is subject to change due to unforeseen circumstances.</p>				
	Course Objective	<p>A. Improve basic physical strength and develop concentration and judgment through table tennis.</p> <p>B. Relieves stress and tension through table tennis.</p> <p>C. Learn basic movements, basic posture, and playing methods of table tennis through table tennis.</p> <p>D. Make table tennis a lifelong sport.</p>				
	Prerequisite	1) Physical education (table tennis) classes shall be conducted in parallel with theory and practical skills, and practical skills shall be held at designated places, but sportswear and sneakers shall be mandatory.				
	Materials/Textbooks	<p>1) Bijoujae: Modern table tennis textbook: mastery for beginners, modern leisure research society, taeul publishing house, 2016.</p> <p>2) Sub-teachers: Poke! Teaching Table Tennis Tricks - Basic Edition, An Kook-hee, Baro Seum, 2015.</p>				
Evaluation	Attendance	20%	Quiz			
	Assignment		Mid-term Exam			30%
	Presentation		Final Exam			30%
	game	10%	Participation			10%
	Etc.	Evaluation Item				Ratio
						%
						%



Daily Lecture Plan	Week 1	Day 1	Introduction to the class and syllabus
		Day 2	Understanding Table Tennis and the Importance of Stretching
		Day 3	Basic Skill Practice 1 (Sense practice, forehand and backhand stroke posture practice)
		Day 4	Basic Skill Practice 2 (Forehand stroke, backhand stroke)
	Week 2	Day 1	Basic Skill Practice 3 (Middle Short, Fush)
		Day 2	Basic Skills Practice 4 (Smash)
		Day 3	Basic Skill Practice 5 (Sub)
		Day 4	Basic Skill Practice 6 forehand stroke, backhand stroke
	Week 3	Day 1	Mid-term Exam
		Day 2	Basic Skill Practice 7 Learning the Drive
		Day 3	Basic Skill Practice 8 earning by moving from side to side
		Day 4	Basic Skill Practice 9 To learn by moving back and forth
	Week 4	Day 1	an understanding of the rules of the game
		Day 2	Rules and practice games for singles matches
		Day 3	Rules of doubles and practice games
		Day 4	Final Exam